

GOOD NEWS STORIES

*From our North Zone (NZ)
Health Neighbourhoods*

Sharing the Good News

Summer 2022 Edition 3

"I found there was, within me, an invincible Summer." -Albert Camus

The North Zone currently has two active Health Neighbourhoods: **Peace Country Health Neighbourhood** and **Wood Buffalo Health Neighbourhood** with a plan to open up a new Health Neighbourhood in the Athabasca / Westlock area by the end of this Fall.

The Health Neighbourhoods have had their **first formal evaluation report!** For our "Lessons Learned" report, please email Robyn: rlaczy@gmail.com or ask a Member of your local Health Neighbourhood. A big THANK YOU to Alberta Health Services (AHS) for this!

This Newsletter is not about "the numbers" side of the project; instead, this tid bit is about showcasing the local work and warm stories demonstrating grassroots actions, collaboration, and what we feel to be amazing successes coming from our NZ Health Neighbourhoods.

"More than people doing project work together in a new way, people are having honest conversations in a new way."

"As a Co-Chair for the Wood Buffalo Health Neighbourhood, I feel incredibly privileged to be a part of such an incredible group of people."



North Zone Health
Neighbourhood

Good News in the Neighbourhoods

Wood Buffalo Health Neighbourhood

- The Addiction & Mental Health (AMH) Mini Working Group is planning Event 3 of "**Connect-Relate-Collaborate!**"
- Save the date, October 12, 2022, 1-4pm in your calendar for us!
- Since this is the last event for *Connect-Relate-Collaborate*, the October session will also be looking for ideas to keep the conversations going in the future.
- The Transitions in Care (TiC) Mini Working Group team launched the "**It's Okay To Ask**" posters and are taking in all the wonderful feedback.
- The poster campaign is about patient empowerment and encourages patients to ask questions of their health care providers. The group continues to look for additional partnerships for this campaign.

"Grassroots group. Community connections. Local collaborative think tank. Health Neighbourhoods are often doing more work than other 'committees' I sit on!"

Peace Country Health Neighbourhood

- The Transitions Mini Working Group continues to promote **Drive Happiness** in Grande Prairie and for the County.
- The team is getting ready to launch posters with their own **It's Okay to Ask** campaign! Posters contain a QR code with many great links and lines.
- Patient empowerment works! Look out for the poster if you're in Peace River!
- The Unattached/Vulnerable Mini Working Group is targeting their **focus on youth (ages 15-25) mental health.**
- The team has new Members who are keen to invest in youth mental health in the Grande Prairie area!
- Wanting to do things right, the group has decided to seek out and host training sessions in how to properly and respectfully engage with youth populations. "There is no light trust [working with youth]" and "if we're going to do this, let's ensure safety."

"Building trusting relationships and demonstrating authentic collaboration."



North Zone Health
Neighbourhood

Get Connected with Us!

"I'm interested in doing anything that teaches me something." -Gord Downie

Would you like to learn more about the North Zone (NZ)
Health Neighbourhoods?

Watch our **new vid**: <https://youtu.be/YewEWiEek0w>

Book a "**Roadshow**" presentation for your organization:

Lisa.Basisty@albertahealthservices.ca

Learn more or **consider joining** us:

rlaczy@gmail.com or call (780) 802-6380

"The work we
do speaks to
my heart and
soul."

"Our Peace Country
Health Neighbourhood
is (and is still growing
to be):

**Collaborative.
Engaging. Strong.
Strategic. Supportive."**



North Zone Health
Neighbourhood